

Trainingsplan TCW 2010

	Montag	Dienstag	Mittwoch	Donnerstag	Freitag
14-15 Uhr Werner Vitt-Court Frank Schweisfurth-Court Uwe Schumacher-Court				Training Schmitti ab 13.30 Uhr	
15-16 Uhr Werner Vitt-Court Frank Schweisfurth-Court Uwe Schumacher-Court			Training Robby ab 15.30 Uhr	Training Schmitti Training Björn	Training Björn
16-17 Uhr Werner Vitt-Court Frank Schweisfurth-Court Uwe Schumacher-Court			Training Robby	Training Schmitti Training Björn	Training Robby Training Björn
17-18 Uhr Werner Vitt-Court Frank Schweisfurth-Court Uwe Schumacher-Court	Training Hobbyisten Training Hobbyisten		Training Robby	Training Schmitti Training Björn	Training Robby Training Björn
18-19 Uhr Werner Vitt-Court Frank Schweisfurth-Court Uwe Schumacher-Court	Training Hobbyisten Training Hobbyisten Training Robby	Training 50+-Manns. Training 50+-Manns. Training 1./2./3. Herren-M.	frei Training Damen-Mannschaft Training Robby	Training Schmitti Training 30+-M. ab 18.30 Uhr Training "40+-Herren"	Training 1. Herren-Manns. Training 2. Herren-Manns. Training 3. Herren-Manns.
19-20 Uhr Werner Vitt-Court Frank Schweisfurth-Court Uwe Schumacher-Court	Training Hobbyisten Training Hobbyisten Training Robby	Training 50+-Mannschaft Training 50+-Mannschaft Training 1./2./3. Herren-M.	frei Training Damen-Mannschaft Training Robby	frei Training 30+-M. Training "40+-Herren"	Training 1. Herren-Manns. Training 2. Herren-Manns. Training 3. Herren-Manns.
20-21 Uhr Werner Vitt-Court Frank Schweisfurth-Court Uwe Schumacher-Court	Training Hobbyisten Training Hobbyisten frei	Training 50+-Mannschaft Training 50+-Mannschaft Training 1./2./3. Herren-M.	frei Training Damen-Mannschaft Training Robby bis 20.30 Uhr	frei Training 30+-M. bis 20.30 Uhr frei	Training 1. Herren-Manns. Training 2. Herren-Manns. Training 3. Herren-Manns.

weitere Termine: Robby Training Sa. Von 9 Uhr bis 12 Uhr (an Spieltagen), bis 13 Uhr an spielfreien Tagen, Frank Schweisfurth-Court